

2013-14 Body Fat Testing Workshops

The 2013-14 Body Fat Testing workshops are listed below. Please call the IHSA Office (309/663-6377) and ask for Cheryl Charlton to sign up for one of these workshops.

- ❖ Wednesday, October 2, 2013, at 6:00 p.m. – Location: Franklin Park-Northlake (Leyden High School)
- ❖ Tuesday, October 8, 2013, at 10:00 a.m. – Location: Chicago (CPS Sports Department), William Brown Elementary School, 54 N. Hermitage, Chicago
- ❖ Friday, October 11, 2013, at 10:00 a.m. – Location: Minooka High School
- ❖ Tuesday, October 15, 2013, at 6:00 p.m. – Location: Normal (Community West High School)
- ❖ Wednesday, October 16, 2013, at 11:00 a.m. – Location: Effingham High School

There will be a fee of \$15.00 to take the workshop. Payment is to be made at the class. Checks should be made payable to the IHSA.